

EXAM REFERENCES 2018-2019

The reference list below represents the materials used to support exam items during the 2018-2019 exam year (April to February), as determined by the subject matter experts of the BOC Exam Development Committee (EDC). Every item is referenced twice to ensure a consensus exists on each item. Please note that a specific “edition” and “year” for each reference is not included in the list for the purpose of simplification. During the exam development process, the BOC uses the most current edition of a reference when constructing items.

Administrative Topics in Athletic Training Concepts to Practice. Harrelson, G.L., Gardner, G. & Winterstein, A. Thorofare, NJ: SLACK Inc.

Advanced Fitness Assessment and Exercise Prescription. Heyward, V.H., Gibson, A.L. Champaign, IL: Human Kinetics.

Athletic Taping and Bracing. Perrin, D.H. Champaign, IL: Human Kinetics.

Athletic Training and Sports Medicine: An Integrated Approach. Starkey, C. Burlington, MA: Jones & Bartlett Learning.

Brunstrom’s Clinical Kinesiology. Houglum, P.A., Bertoti, D.B. Philadelphia, PA: F.A. Davis.

Clinical Exercise Physiology. Ehrman, J., Gordon, P., Visich, P. & Keteyian, S. Champaign, IL: Human Kinetics .

Clinical Kinesiology and Anatomy. Lippert, L.S. Philadelphia, PA: F.A. Davis.

Clinical Pathology for Athletic Trainers Recognizing Systemic Disease. O’ Conner, D. P., Fincher, A. L. Thorofare, NJ: SLACK Inc.

Concepts of Athletic Training. Pfeiffer, R.P., Magnus, B.C. & Trowbridge, C.A. Burlington, MA: Jones & Bartlett Learning.

Emergency Care and Transportation of the Sick and Injured. Pollak, A.N. Burlington, MA: Jones & Bartlett Learning.

Emergency Management for Sport and Physical Activity. Casa, D. J., Stearns, R. L. Burlington, MA: Jones & Bartlett Learning.

Emergency Response Management for the Athletic Trainers. Miller, M. G., Berry, D. C. Philadelphia, PA: Wolters Kluwer.

Endurance Sports Nutrition. Eberle, S.G. Champaign, IL: Human Kinetics.

Evidence into Practice Integrating Judgement, Values, and Research. Hack, L. M., Gwyer, J. Philadelphia, PA: F.A. Davis.

Evidence-Based Practice in Athletic Training. Raab, S., Craig, D. Champaign, IL: Human Kinetics.

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Evidence-Guided Practice A Framework for Clinical Decision Making in Athletic Training. Van Lunen, B. L., Hankemeier, D. A. & Welch, C. E. Thorofare, NJ: SLACK Inc.

Examination of Musculoskeletal Injuries. Shultz, S.J., Houglum, P.A. & Perrin, D. H. Champaign, IL: Human Kinetics.

Examination of Orthopedic & Athletic Injuries. Starkey, C., Brown, S.D. Philadelphia, PA: F.A. Davis.

Exercise Physiology: Theory and Application to Fitness and Performance. Powers, S.K., Howley, E.T. Boston, MA: McGraw-Hill.

Exercise Testing and Prescription: A Health-Related Approach. Nieman, D. Boston, MA: McGraw-Hill.

Ferri's Practical Guide: Fast Facts for Patient Care. Ferri, F.F. Philadelphia, PA: Elsevier.

First Aid for Colleges & Universities. Karren, K.J., Hafen, B.Q., Limmer, D. & Mistovich, J.J. Boston, MA: Benjamin Cummings - Pearson.

First Aid, CPR, and AED Essentials. American Academy of Orthopedic Surgeons. Burlington, MA: Jones & Bartlett Learning.

Foundations of Athletic Training Prevention, Assessment, and Management. Anderson, M. K. Philadelphia, PA: Wolters Kluwer.

Gray's Atlas of Anatomy. Drake, R.L. Philadelphia, PA: Elsevier.

Health Care Finance and the Mechanics of Insurance and Reimbursement. Harrington, M. K. Burlington, MA: Jones & Bartlett Learning.

Instructions for Sports Medicine Patients. Safran, M.R., Zachazewski, J. & Stone, D.A. Philadelphia, PA: Elsevier Saunders.

Legal Aspects of Health Care Administration. Pozgar, G.D. Burlington, MA: Jones & Bartlett Learning.

Management Strategies in Athletic Training. Ray, R., Konin, J. Champaign, IL: Human Kinetics.

Manual of Structural Kinesiology. Floyd, R.T. New York, NY: McGraw-Hill.

Measurement and Evaluation in Human Performance. Morrow, J.R., Kang, M., Disch, J.G. & Mood, D.P. Champaign, IL: Human Kinetics.

Medical Conditions in the Athlete. Walsh-Flanagan, K., Cuppett, M. Champaign, IL: Human Kinetics.

Medical Terminology Simplified. Gylys, B.A., Masters, R.M. Philadelphia, PA: F.A. Davis.

Modalities for Therapeutic Interventions. Michlovitz, S.L., Bellew, J.W. & Nolan Jr., T.P. Philadelphia, PA: F.A. Davis.

Nancy Clark's Sport Nutrition Guidebook. Clark, N. Champaign, IL: Human Kinetics.

National Athletic Trainers' Association. Position Statements.

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- Orthopaedic Rehabilitation of the Athlete Getting Back in the Game.* Reider, B.C., Davies, G.J. & Provencher, M.T. St. Louis, MO: Elsevier Saunders.
- Orthopedic Physical Assessment.* Magee, D.J. Philadelphia, PA: Elsevier.
- Pharmacology Clear & Simple.* Watkins, C.J. Philadelphia, PA: F.A. Davis.
- Pharmacology: An Introduction.* Hinter, H., Nagle, B. Boston, MA: McGraw-Hill.
- Physical Rehabilitation of the Injured Athlete.* Andrews, J.R., Harrelson, G.L. & Wilk, H.E. Philadelphia, PA: Elsevier.
- Preventing Sudden Death in Sport & Physical Activity.* Casa, D., Stearns, R. Burlington, MA: Jones & Bartlett Learning.
- Principles of Athletic Training: A Guide to Evidence-Based Clinical Practice.* Prentice, W.E. Boston, MA: McGraw-Hill.
- Principles of Pharmacology for Athletic Trainers.* Houglum, J., Harrelson, G.L. & Seefeldt, T.W. Thorofare, NJ: SLACK Inc.
- Rehabilitation Techniques for Sports Medicine and Athletic Training.* Prentice, W. E. Thorofare, NJ: SLACK Inc.
- Running Mechanics and Gait Analysis.* Ferber, R., Macdonald, S. Champaign, IL: Human Kinetics.
- Sports Emergency Care: A Team Approach.* Rehberg, R.S. Thorofare, NJ: SLACK Inc.
- Sports Nutrition for Health Professionals.* Muth, N. Philadelphia, PA: F.A. Davis.
- Taping, Wrapping, and Bracing for Athletic Trainers (Functional Methods for Application and Fabrication).* Grubbs, A. Thorofare, NJ: SLACK Inc.
- Therapeutic Exercise Foundations and Techniques.* Kisner, C., Colby, L.A. Philadelphia, PA: F.A. Davis.
- Therapeutic Exercise: From Theory to Practice.* Higgins, M. Philadelphia, PA: F.A. Davis.
- Therapeutic Exercises for Musculoskeletal Injuries.* Houglum, P. A. Champaign, IL: Human Kinetics.
- Therapeutic Modalities.* Starkey, C. Philadelphia, PA: F.A. Davis.
- Therapeutic Modalities for Musculoskeletal Injuries.* Denegar, C. R., Saliba, E. & Saliba., S. Champaign, IL: Human Kinetics.
- Therapeutic Modalities The Art & Science.* Knight, K. L., Draper, D. O. Baltimore, MD: Lippencott, Williams and Wilkins.
- Trail Guide to the Body.* Biel, A. Boulder, CO: Books of Discovery.
- Understanding Your Health.* Payne, W., Hahn, D.B. & Lucas, E.B. Boston, MA: McGraw-Hill.