

## Clinical EBP Application Sample

| Resubmitting Denied Application | No  |
|---------------------------------|---|
| Program Title                   | Evidence Based Approach to the Equipment Intensive Spine Injured Athlete                            |
| Program Type (Foundations or    | Clinical  |
| Clinical)                       |   |
| Program Format                  | Live Event  |
| (Live or Home Study)            |   |
| Date of Program                 | 7/19/2016   |
| Program Location                | Omaha, NE   |
| EBP Category CEUs               | 2 CEUs  |
| Category A CEUs                 | 0 CEUs  |
| Practice Domains                | Clinical Evaluation and Diagnosis, Immediate and Emergency Care, Treatment and                      |
|                                 | Rehabilitation  |
| Difficulty Level                | Advanced  |
| Maximum Feel Level              | \$1-15 per CEU  |
| Maximum Fee Level               | \$1-15 per CEU  |
| Target Audience                 | Athletic Trainers Only  |
| Primary or Clinical Question(s) | In football players with suspected c-spine injury (P), is the chance of further injury reduced (O)  |
|                                 | when athletic equipment is removed by the AT prior to transport (I) as opposed to at the            |
|                                 | hospital (C)?   |
| Educational Need and Practice   | New procedures for managing the equipment-intensive patient-athlete, identifying the need to        |
| Gap                             | remove the equipment prior to transport to the emergency room [3] were published in recent          |
|                                 | years. This new position is a departure from the previously accepted and practiced procedure        |
|                                 | of spine boarding and transporting the equipment-intensive patient-athlete in their equipment,      |
|                                 | with only the facemask removed [4]. Old procedures previously practiced by ATs most likely          |
|                                 | differ from the protocols of Emergency Medical Technicians for the spine injured athlete [1,2].     |
|                                 | These differences will be important when discussing the integration of these protocols to           |
|                                 | ensure a smooth transition of care from Athletic Trainer to EMS to emergency room care. This        |
|                                 | program will provide the new pre-hospital care recommendations of the equipment-intensive           |
|                                 | athlete as well as outline the evidence behind the new recommendations and allow                    |
|                                 | participants to practice equipment removal skills [5, 7].   |
| Peer Reviewed References to     | Waninger, K.N. & Swartz, E.E. (2011) Cervical Spine Injury Management in the Helmeted               |
| Support Gap                     | Athlete. Current Sports Medicine Reports (American College of Sports Medicine), 10 (1), 45-49.      |
| (A dissipators = £ 2)           | County E.E. Dadon D.D. Cauman D.W. et al. (2000) National Athletic Train and Association            |
| (Minimum of 3)                  | Swartz, E.E., Boden, B.P., Courson, R.W., et al. (2009). National Athletic Trainers' Association    |
|                                 | Position Statement: Acute Management of the Cervical Spine-Injured Athlete. Journal of              |
|                                 | Athletic Training. 44, 306–331.   |
|                                 | Jacobson, B., Cendoma, M., Gdovin, J., Cooney, K., & Bruening, D. (2014). Cervical spine motion     |
|                                 | during football equipment-removal protocols: A challenge to the all-or-nothing endeavor.            |
|                                 | Journal of Athletic Training, 49(1), 42-48.   |
| Clinical Bottom Line            | Equipment removal is necessary for medical care of the spine-injured patient-athlete. Based on      |
| Cliffical Bottoff Life          | current recommendations, Certified Athletic Trainers need to be prepared to remove the              |
|                                 | equipment at the earliest possible time to improve patient treatment and outcomes in the            |
|                                 | emergency room. Although there is no "gold-standard" for equipment removal procedures,              |
|                                 | Certified Athletic Trainers need to create an EAP that reflects the resources and personnel of      |
|                                 | their clinical site and be prepared to remove equipment in the pre-hospital setting.                |
| Learning Methods                | Attendee performs skill, Attendee observes skill, Lecture/didactic, Skills lab/lab workshop         |
| Participant Assessment          | Performance rubric  |
| Attendance and Participation    | Lab instructor to student ratio will be 1:15. This will allow one instructor to work with each      |
|                                 | small group of participants in order to provide individualized instruction. Participants will be    |
|                                 | provided feedback related to technique during real time. Participants will be required to           |
|                                 | demonstrate skills to the satisfaction of the instructor. Participants will have the opportunity to |
|                                 | take on different roles in managing the care of the spine-injured athlete. A rubric will be used    |
|                                 | to assess participants on equipment removal skills (attached). After completion of the              |
|                                 | 12 22222 paragram on againment removal simila (accounted). After completion of the                  |

|                      | conference, attendees will be required to complete a participant assessment and program      |
|----------------------|--|
|                      | evaluation (attached) prior to receiving their statement of credit.                          |
|                      | <u>Rubric.doc</u>  |
|                      | Statement of Credit.pdf  |
| Instructors          | John Smith   |
|                      | MA, ATC  |
|                      | Evidence Based Approach to the Equipment Intensive Spine Injured Athlete                     |
|                      | Sam Cooper EdD, ATC Evidence Based Approach to the Equipment Intensive Spine Injured Athlete |
|                      |  |
|                      | Michael Rogers   |
|                      | MS, ATC, EMT   |
|                      | Evidence Based Approach to the Equipment Intensive Spine Injured Athlete                     |
| Electronic Signature | [BOC Approved Provider Contact Signature]  |
| Fees                 | CEUs* Non-Refundable Application Re-review Fee^  |
|                      | 0.25 - 3.0 \$55 \$35   |
|                      | 3.25 - 6.0 \$110 \$55  |
|                      | 6.25 - 9.0 \$150 \$75  |
|                      | 9.25 - 12.0 \$175 \$90   |
|                      | 12.25 - 16.0 \$200 \$100   |
|                      | 16.25+ \$250 \$150   |