

Resubmitting Denied Application	No
Program Title	Evidence Based Practice: How Do We Encourage Its Use?
Program Type	Foundations
Program Format	Home Study
Home Study Formats	Website link: www.abcclinic.org/homestudy/foundationsofEBP
Home Study Length	0 hours, 57 minutes
EBP Category CEUs	1 CEU
Category A CEUs	0 CEU
Practice Domains	Organizational and Professional Health and Well-being
Difficulty Level	Essential
Maximum Fee Level	No Cost
Maximum Fee Level	No Cost
Target Audience	Athletic Trainers Only
Primary Question(s)	What is Evidence Based Practice? How can EBP be integrated into the clinical practice of Athletic Trainers?
Educational Need and Practice Gap	<p>The idea that patient care should be based on the best available evidence has been widely embraced across the healthcare community. This idea has been referred to as Evidence Based Medicine (EBM) or Evidence Based Practice (EBP). In 1996, Sackett first defined EBM as the “integration of the best research evidence with clinical expertise and patient values to make clinical decisions.”¹ Eight years later, Steves and Hootman² formally introduced EBM to athletic training through their seminal paper in the <i>Journal of Athletic Training</i>. Since that time, Evidence Based Practice has been adopted as a full content area with 14 specific competencies in the 5th Edition of the Athletic Training Education Competencies. Clearly, the athletic training profession places strong emphasis on this topic. As the care of patients becomes increasingly guided by evidence, it becomes vital that practitioners stay abreast of the best evidence for guiding care and that they incorporate this evidence into their everyday practices with their patients. This course proposes to provide practicing Athletic Trainers with the background knowledge and real-world skills to accomplish both of these.</p> <ol style="list-style-type: none"> 1. Sackett DL, Rosenburg WM, Gray JA, Haynes RB, Richardson WS. Evidence-based medicine: what it is and it isn't. <i>BMJ</i>. 1996; 312: 71–72. 2. Steves R, Hootman JM. Evidence-Based Medicine: What Is It and How Does It Apply to Athletic Training? <i>J Athl Train</i>. 2004; 39(1): 83–87.
Peer Reviewed References to Support Gap	<ol style="list-style-type: none"> 1. Steves, R., & Hootman, J. M. (2004). Evidence-based medicine: what is it and how does it apply to athletic training?. <i>Journal of athletic training</i>, 39(1), 83. 2. W. McCarty, C., Hankemeier, D. A., Walter, J. M., Newton, E. J., & Van Lunen, B. L. (2013). Use of evidence-based practice among athletic training educators, clinicians, and students, part 2: attitudes, beliefs, accessibility, and barriers. <i>Journal of athletic training</i>, 48(3), 405-415. 3. Snyder, A. R., Valovich McLeod, T. C., & Sauers, E. L. (2007). Defining, valuing, and teaching clinical outcomes assessment in professional and post-professional athletic training education programs. <i>Athletic Training Education Journal</i>, 2(2), 31-41.
Learning Methods	Lecture/didactic
Participant Assessment	Pre/post-test
Attendance and Participation	<p>ABC Clinic will maintain electronic records of all home study course registrants, quiz scores and statements of credit for five years. Participants must log in to the online quiz center to view the course. Participants will not be able to access or complete the exam without first viewing the course. Upon the completion of the course, the participant will be required to pass the post-course assessment at 80% and complete the program evaluation receive an electronic statement of credit to print for their records.</p> <p>Statement of Credit.pdf</p>

Instructors	Jane Doe MA, ATC Evidence Based Practice: How Do We Encourage Its Use?		
Electronic Signature	[BOC Approved Provider Contact Signature]		
Fees	CEUs*	Non-Refundable Application Fee**	Re-review Fee^
	0.25 - 3.0	\$55	\$35
	3.25 - 6.0	\$110	\$55
	6.25 - 9.0	\$150	\$75
	9.25 - 12.0	\$175	\$90
	12.25 - 16.0	\$200	\$100
	16.25+	\$250	\$150