

PRACTICE ANALYSIS, 7TH EDITION

Comparison to Role Delineation Study/Practice Analysis, Sixth Edition (RD/PA6)

This outlines what changed and what remained the same when comparing RD/PA6 to PA7.

Copyright © 2015 Board of Certification (BOC)

This document provides domain and task level information only. The full practice analysis identifies knowledge and skills for each task and an in-depth look at the study and process.

All rights reserved. The BOC logo and "Be Certain" are registered trademarks of the BOC and this document may not be used, reproduced or disseminated to any third party without written permission from the BOC.

Non-profit education programs have permission to use or reproduce all or parts of this document for educational purposes only.

Use or reproduction of this document for commercial or for-profit use is strictly prohibited.

Any authorized reproduction of this document shall display the notice: "Copyright by the Board of Certification, Inc. All rights reserved." Or, if a portion of the document is reproduced or incorporated in other materials, such written materials shall include the following credit: "Portions copyrighted by the Board of Certification, Inc. All rights reserved."

Address inquiries in writing to Board of Certification, 1415 Harney St. Suite 200, Omaha, NE 68102.

Suggested Citation:

Henderson, J. The 2015 Athletic Trainer Practice Analysis Study. Omaha, NE: Board of Certification; 2015.

DOMAIN 1

TITLE		DOMAIN DESCRIPTION
Injury and Illness Prevention and Wellness Promotion		Promoting healthy lifestyle behaviors with effective education and communication to enhance wellness and minimize the risk of injury and illness
RD/PA6 TASKS	PA7 TASK	TASK DESCRIPTION
0101-0103, 0106- 0107, 0201, 0504	0101	Identify risk factors by administering assessment, pre-participation examination and other screening instruments, and reviewing individual and group history and injury surveillance data.
0101, 0104	0102	Implement plans to aid in risk reduction using currently accepted and applicable guidelines.
0101, 0103, 0205, 0302	0103	Educate individuals and stakeholders about the appropriate use of personal equipment.
0101, 0104-0106, 0302	0104	Minimize the risk of injury and illness by monitoring and implementing plans to comply with regulatory requirements and standard operating procedures for physical environments and equipment.
0101-0102, 0105, 0107	0105	Facilitate individual and group safety by monitoring and responding to environmental conditions (e.g., weather, surfaces and client work setting).
0102, 0104, 0106- 0107, 0201, 0205, 0404, 0406, 0506	0106	Optimize wellness (e.g., social, emotional, spiritual, environmental, occupational, intellectual, physical) for individuals and groups.

DOMAIN 2

TITLE		DOMAIN DESCRIPTION
Examination, Assessment and Diagnosis		Implementing systematic, evidence-based examinations and assessments to formulate valid clinical diagnoses and determine patients' plan of care
RD/PA6 TASKS	PA7 TASK	TASK DESCRIPTION
0101, 0103-0104, 0201-0205, 0302, 0402-0403, 0503	0201	Obtain an individual's history through observation, interview and review of relevant records to assess injuries and illnesses and to identify comorbidities.
0101-0102, 0201- 0205, 0203, 0302	0202	Perform a physical examination that includes diagnostic testing to formulate differential diagnoses.
0101, 0103, 0201-0204, 0505	0203	Formulate a clinical diagnosis by interpreting history and the physical examination to determine the appropriate course of action.
0101-0102, 0201- 0205, 0404, 0505	0204	Interpret signs and symptoms of injuries, illnesses or other conditions that require referral, utilizing medical history and physical examination to ensure appropriate care.
0205	0205	Educate patients and appropriate stakeholders about clinical findings, prognosis and plan of care to optimize outcomes and encourage compliance.

DOMAIN 3

TITLE		DOMAIN DESCRIPTION
Immediate and Emergency Care		Integrating best practices in immediate and emergency care for optimal outcomes
RD/PA6 TASKS	PA7 TASK	TASK DESCRIPTION
0301-0302, 0304	0301	Establish EAPs to guide appropriate and unified response to events and optimize outcomes.
0301-0304	0302	Triage to determine if conditions, injuries or illnesses are life-threatening.
0204, 0301-0304	0303	Implement appropriate emergency and immediate care procedures to reduce the risk of morbidity and mortality.
0303-0304	0304	Implement referral strategies to facilitate the timely transfer of care.

DOMAIN 4

TITLE		DESCRIPTION
Therapeutic Intervention		Rehabilitating and reconditioning injuries, illnesses and general medical conditions with the goal of achieving optimal activity level based on core concepts (i.e., knowledge and skillsets fundamental to all aspects of therapeutic interventions) using the applications of therapeutic exercise, modality devices and manual techniques
RD/PA6 TASKS	PA7 TASK	DESCRIPTION
0202, 0401-0406	0401	Optimize patient outcomes by developing, evaluating and updating the plan of care.
0201, 0205, 0401- 0402, 0404, 0406, 0505	0402	Educate patients and appropriate stakeholders using pertinent information to optimize treatment and rehabilitation outcomes.
0106, 0401, 0404- 0405	0403	Administer therapeutic exercises to patients using appropriate techniques and procedures to aid recovery to optimal function.
0104, 0205, 0302, 0304, 0401-0405	0404	Administer therapeutic devices to patients using appropriate techniques and procedures to aid recovery to optimal function.
0401-0405	0405	Administer manual techniques to patients using appropriate methods and procedures to aid recovery to optimal function.
0204-0205, 0401, 0404-0405, 0504	0406	Determine patients' functional status using appropriate techniques and standards to return to optimal activity level
0405, 0506	0407	Administer therapeutic interventions for general medical conditions to aid recovery to optimal function.

DOMAIN 5

TITLE		DESCRIPTION
Healthcare Administration and Professional Responsibility		Integrating best practices in policy construction and implementation, documentation and basic business practices to promote optimal patient care and employee well-being
RD/PA6 TASKS	PA7 TASK	DESCRIPTION
0304, 0501-0504	0501	Evaluate organizational, personal and stakeholder outcomes.
0501-0506	0502	Develop policies, procedures and strategies to address risks and organizational needs.
0501-0505	0503	Practice within local, state and national regulations, guidelines, recommendations and professional standards.
0304, 0501, 0503- 0504	0504	Use established documentation procedures to ensure best practice.