

# BRAD SHERMAN REGULATORY CONFERENCE

(formerly CARE Conference)  
Compliance and Regulatory Education:  
Best Practices for Athletic Trainer Regulation



## State Reports

Current Trends and Updates



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# BRAD SHERMAN REGULATORY CONFERENCE

## We asked You responded

Successes, Challenges, Trends, Modernization  
Efforts, Recent Legislation, CE Requirements

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## Questions that we asked state regulators ...

-  Tell us about a success story you have had in the past 12-24 months. Please include any challenge(s) encountered and your approach to gain success.
-  Tell us about any technology or artificial intelligence that you are using to be more effective and efficient. Tell us if your board has had discussions about AI and in what capacity.
-  What challenges are you anticipating in the next 1-3 years?
-  Tell us about a challenge you would like help addressing.
-  What types of disciplinary violations are you experiencing? Do you see any trends?
-  Has your state recently (or that take effect soon) introduced any noteworthy legislative or administrative rules changes that affect your agency and/or stakeholders? If yes, please describe.
-  Do you require specific CE courses (or topics) for license renewal? If yes, please list all.
-  Tell us about your wellness assistance program for Athletic Trainers and any steps you've taken to revise your application to reduce stigma around mental health challenges.

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# State Responses

Feel free to chime in on your state

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# Ohio

- Success: AT Compact legislation, Jurisprudence exam
- Technology: Microsoft Copilot, Ethical use of AI
- Challenges: Evolving practice and workforce needs
- Discipline: Unlicensed practice, sexual boundary, CE and HIPAA violations

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# Ohio

- Updates: Code of ethics
- Specific CE: 1 hour of jurisprudence or ethics 1 hour of mental health or substance abuse
- Wellness: Reframed application questions and assistance programs
- Other: Outreach

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### North Carolina

- Success: Updated sample protocol
- Technology: Used AI to cross reference
- Challenge Help: Venipuncture
- Wellness: Provides support

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### Virginia

- Success: AT Compact passed
- Challenges: Dry needling
- Challenge Help: Influencing legislators
- Updates: Dry needling legislation was tabled
- Specific CE: Human trafficking
- Wellness: AT Cares



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### Oklahoma

- Success: Removed apprentice AT from statute
- Technology: Updating outdated system – Sales Force platform
- Challenges: AT Compact
- Discipline: Sexual boundary, unlicensed practice
- Updates: Removed apprentice AT
- Specific CE: BOC certification is required for renewal
- Wellness: WellbeingFirst Companion



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### Arkansas

- Success: Practice Act update in 2025
- Challenges: Governor keeping appointments current and filled
- Challenge Help: Temporary permit
- Discipline: Unlicensed practice
- Updates: Rules/Regulations
- Specific CE: BOC certification required
- Other: Low fees, CE funds to state association

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### Florida

- Success: Implementation of background screening
- Technology: ELI – AI-powered virtual assistant
- Discipline: Unprofessional conduct, Failure to update BOC certification, Criminal history disclosures
- Updates: MOBILE Act and background screening
- Specific CE: 2 hours in prevention of medical errors, CPR/AED
- Wellness: Professional Resource Network

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### Tennessee

- Success: Updated practice act
- Technology: Outdated system
- Challenges: Reciprocity requires an active license in another state, IT constraints, deregulation
- Discipline: CE violations and lapsed licenses
- Updates: Practice act updated

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### Montana

- Success: Merging boards
- Technology: Accela, AI use not permitted
- Challenges: Reducing barrier, scope of practice expansions, standardization
- Challenge Help: Understanding the profession, regulating sports gambling
- Updates: New statute to merge 4 boards, unprofessional conduct from rule to statute, temporary licenses
- Specific CE: BOC certification satisfies CE requirements

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### Nebraska

- Success: New program manager, AT Compact passed
- Challenges: Practice act changes
- Discipline: Alcohol related cases
- Updates: Anticipating practice act update



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### Wyoming

- Success: Most actively licensed ATs in the board's history
- Updates: Military licensing
- Specific CE: Align with BOC requirements

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## North Dakota

- Success: Fought to keep autonomous board
- Challenges: Update practice act to meet standards of AT Compact
- Challenge Help: AT Compact requirements
- Specific CE: 1 hour of concussion related topics



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## Wisconsin

- Success: Additional staff
- Technology: AI chatbot
- Challenges: AT Compact legislation
- Updates: Anticipating AT Compact legislation to be introduced in 2027
- Wellness: Working on this



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## Delaware

- Success: AT Compact passing, Block Grants
- Challenge: Practice act update
- Challenge Help: Separating a combined board
- Discipline: Unlicensed practice
- Updates: AT Compact, virtual meeting updates
- Specific CE: 2 hours of medical ethics



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## Idaho

- Success: Moved to a group committee
- Technology: Researching AI in other practice acts
- Challenges: Department is considering moving away from rules and condense into statute only
- Challenge Help: AT practice act needs updated
- Discipline: Sexual harassment, narcotic drug prescription, title protection
- Wellness: DOPL and BOM offer assistance programs



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## Nevada

- Technology: Using surveys to identify patient populations and site variability, Otter.ai
- Challenges: Legislation to remove board autonomy restricts ability to enter into AT Compact
- Discipline: Unlicensed practice – large tournaments
- Updates: State making it hard to function as an autonomous board



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## Missouri

- Technology: Transitioned to electronic application
- Discipline: Perceived incompetence
- Updates: AT Compact passed
- Wellness: Application questions revised



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### New York

- Success: Transition from a state certification to a license
- Challenge: Transitioning to a license
- Challenge Help: Tend not to partner with credentialing organizations
- Updates: passed an inter-state addendum for out-of-state/country ATs
- Specific CE: Infection control, child abuse mandated reporting
- Wellness: ATs Care

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### New Jersey

- Success: AT Compact passed, updated AT practice act
- Technology: Some AI discussion – state is behind with technology
- Challenges: New regulations to reflect new law
- Discipline: CE issues for renewal
- Updates: AT Compact passed, AT practice act updated
- Specific CE: 1 hour on opioid education and 2 hours on concussion



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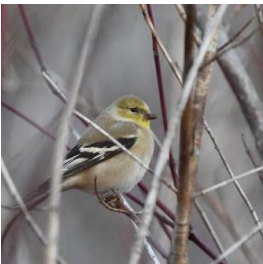
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### Iowa

- Success: 3 new board members, AT Compact passed
- Technology: Moving all licenses to a single database
- Challenges: Informed consent – AI, record retention, HIPAA
- Discipline: Title violations
- Updates: AT Compact
- Specific CE: Mandatory reporter training
- Wellness: Iowa Professional Health Programs

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### Alabama

- Success: Grant program, loan forgiveness, AT Compact
- Challenges: Financial constraints due to rising operating costs
- Challenge Help: Cost-saving measures, strategies to recruit ATs to the state
- Updates: loan forgiveness, grant program
- Specific CE: CPR
- Wellness: Nothing formal, but are prepared to work with licensees

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### Washington

- Success: Updated rules to accept BOC certification as evidence of education and passing an exam, implementing new licensing system, ATs able to perform cupping
- Technology: Updated licensing system
- Challenges: Anticipating AT Compact legislation, AI, dry needling, pharmacy
- Discipline: Unlicensed practice, substandard/inadequate care complaints
- Updates: New legislation to address out-of-state applicants and accepting BOC certification
- Specific CE: 1 hour health equity, suicide prevention at time of license
- Wellness: Increased transparency of types of questions asked on application



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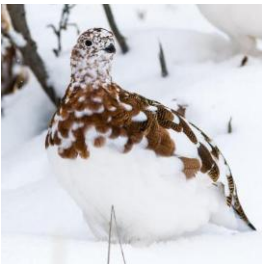
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### Alaska

- Technology: Non-boarded program
- Challenges: State mandated regulation reduction goal
- Updates: Must reduce regulatory requirements by 15% by end of 2026 and a total of 25% by end of 2027

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### Georgia

- Success: New data system and CE Broker
- Technology: New data system used AI to read documents
- Challenges: Ability to update practice act
- Challenge Help: Resources on value of ATs performing dry needling
- Discipline: Unlicensed practice, scope of practice violations
- Updates: Rule updates to reflect legislative changes for all licensing boards
- Specific CE: No more than 10 hours in 1 calendar day
- Wellness: Promote/exercise privacy and confidentiality



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### Trends

#### Successes

- AT Compact
- Updates to Practice Act or Rules/Regs
- Modernization efforts

#### Challenges

- Scope of Practice
- AT Compact
- Regulatory reductions
- Licensure process/barriers

#### Disciplinary Trends

- Unlicensed practice
- Sexual/Professional Boundaries
- Scope of Practice

#### Technology/AI

- Modernizing legacy systems
- Use of AI for efficiencies
- Initiating discussions on AI best practices

#### Legislative Efforts

- Dry Needling/Cupping
- Modernizing practice acts

#### CE requirements

- Mental Health/Substance Abuse
- Ethics
- Concussion Management
- Mandatory Reporter/Human Trafficking

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Best Practices for Athletic Trainer Regulation



#### Questions?

##### Regulatory Affairs Advisory Panel

Missy Anthony  
Tom Ryan  
Jim Winkler  
Kristen Streeter

For more information, visit the BOC website at [BOCATC.org/state-regulation](https://BOCATC.org/state-regulation).

To participate in the State Regulatory Network, or to submit regulatory questions to the BOC, please email [StateReg@bocatc.org](mailto:StateReg@bocatc.org).



BOARD OF CERTIFICATION  
FOR THE ATHLETIC TRAINER

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